

**THE 3<sup>rd</sup> ANNUAL MID-HUDSON SUBSTANCE ABUSE  
PREVENTION CONFERENCE  
MAY 6, 2016  
SESSION GUIDE**

**Highlights from the Partnership for Success Coalitions:**

***9:15am-9:45am***

***Presenters: Doreen Lockwood, BA, CASAC, Project Coordinator, Partnership for Success, Putnam Communities That Care Coalition; Regina Cieslak, Project Coordinator, Partnership for Success, TEAM Newburgh***

This presentation will inform conference attendees about the recently funded Partnership for Success Coalitions. TEAM Newburgh and the Putnam Communities That Care Coalitions were selected by OASAS to receive funding for implementing a data-driven coalition process that will impact prescription drug and heroin use/abuse by youth aged 12-25 in their communities. Doreen and Regina will discuss their communities specific needs, their plans and will highlight the progress they have made so far.

**KEYNOTE SPEAKER:**

**Insights into the Use/Misuse of Opiates and Synthetic Marijuana**

***Steven Kipnis, MD, FACP, DFASAM***

***10:00am – 12:00pm***

This presentation will highlight the history of use, recognition of signs and symptoms of use, and treatment and prevention strategies that one needs to consider when treating the opiate misusing patient or the patient who is using synthetic cannabinoids. Addiction medications will be highlighted as well as the cultural impact of the internet.

**Workshop Session #1 (1:00pm-2:00pm):**

**1. How to Address Problem Gambling**

***Presenter: Stelianos Canallatos, MA, Prevention Specialist, New York Council on Problem Gambling***

Beginning with an understanding of what problem gambling is, we will discuss the public perception of gambling, those struggling with gambling addiction, the stigma often associated with problem gambling, and how this informs problem gambling prevention, treatment, and recovery efforts. The discussion will conclude with a summary of how public opinion and stigma have affected prevention, treatment and recovery, and steps we may need to take for improvements.

**2. Intranasal Narcan Training**

***Presenters: Martin Handler, EdD, EMT, Superintendent, Pine Plains Central School District; Meghan Hetfield, AAS Certified Recovery Coach; Elaine Trumpetto, MA, Executive Director, CAPE of Dutchess County, Inc.***

In an effort to combat the continuing war on prescription drug abuse and the heroin epidemic, this workshop will offer a public intranasal Narcan training with the goal of teaching citizens the signs of an Opioid overdose and how to reverse its effects. Participants will receive a free intranasal kit with this training.

**3. A Picture of Prevention, Dutchess County Style**

***Presenter: Marie Dynes, LCSW-R, Coordinator, Prevention Services, Dutchess County Dept. of Behavioral & Community Health***

This workshop will look at the spectrum of prevention programs and practices from universal to targeted with examples from our work here in Dutchess county. We will discuss cross system collaboration and integration of a trauma informed approach.

## Workshop Session #1 (1:00pm-2:00pm) Continued:

### 4. Research Update on Marijuana

*Presenter: Ziva Cooper, PhD, Assistant Professor of Clinical Neurobiology and Research Scientist, Columbia University*

Working with Marijuana involved adolescents is can be very challenging. Having the latest information on what the research tells us about marijuana can help in this work. This workshop will provide:

- an overview of current trends in Marijuana use
- discussion of marijuana's impact on driving
- research on marijuana's effect on the body and brain
- information about addictive potential
- myths and facts about "medical" marijuana

\*Please note that this session will be repeated during Workshop Session #2

### 5. Understanding Gender & Sexuality – An LGBTQ Primer

*Presenter: Larry Tantay, Youth Pride Coordinator, CANDLE*

This workshop will provide a brief overview of gender, sexual orientation and issues affecting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth. We will explore the negative outcomes LGBTQ youth may experience resulting from homophobic and transphobic ideologies. We will also provide proper terminology and ways to address LGBTQ youth with respect, including proper use of personal gender pronouns (PGPs) and avoiding common homophobic and transphobic microaggressions.

## Workshop Session #2 (2:15pm-3:15pm):

### 6. Branding Your Coalition Through the Use of Media—Traditional and Not So Traditional

*Presenter: Bruce Kelly, Coalition Coordinator, Putnam CTC Coalition & Partner, Prevention Design LTD*

Bruce will give you hands on advice on how to make your coalition/organization a visible and viable part of the community fabric. From logo design to positive norming campaigns to websites and interactive apps, you will learn what best works for your coalition and how to implement it.

### 7. One Love Foundation – Escalation Screening

*Presenter: Jaklyn Van Manen, Manager, Campus Campaigns, One Love Foundation*

During this session, participants will watch the One Love Foundation's educational film, Escalation. The film follows an abusive relationship from its very sweet beginnings to its tragic ending. After watching the film, participants will have the opportunity to debrief.

\*Please note this workshop will be 75 mins long; 2:15 to 3:30

### 8. Pathways of Recovery

*Presenters: Ruth Bowles, BS, CPP-G, CARC, Executive Director, Rockland Council on Alcoholism & Other Drug Dependency; James Conklin, CASAC, CPP, CARC, Executive Director, Alcoholism & Drug Abuse Council of Orange County*

This workshop will cover pathways to and of the recovery process; including 6 pathways and styles of recovery.

## Workshop Session #2 (2:15pm-3:15pm) Continued:

### 9. Research Update on Marijuana

*Presenter: Ziva Cooper, PhD, Assistant Professor of Clinical Neurobiology and Research Scientist, Columbia University*

Working with Marijuana involved adolescents is can be very challenging. Having the latest information on what the research tells us about marijuana can help in this work. This workshop will provide:

- an overview of current trends in Marijuana use
- discussion of marijuana's impact on driving
- research on marijuana's effect on the body and brain
- information about addictive potential
- myths and facts about "medical" marijuana

\*Please note that this a repeated workshop from Workshop Session #1

### 10. Y12SR: Yoga for 12 Step Recovery

*Presenters: Sarah Burrows, MS, Prevention Counseling Supervisor, LMHC, CASAC-T; Eleanore DiCioccio, MA, Assistant Principal, John Jay High School; Brynna Trumpetto, BA, Drug Free Communities Project Coordinator, Southern Dutchess Community Coalition*

Y12SR is a rich and powerful framework for integrating the wisdom of yoga and the practical tools of 12-step programs. Guided by its theme, "The Issues Live In the Tissues," Y12SR meetings and curriculum are quickly becoming a feature of addiction recovery across the United States. This workshop will introduce the intervention.